SUN	MON	TUE	WED	THU	FRI	SAT
HOPE © © © © @ of DETROIT A C A D E M Y Hope of Detroit MS/HS 4444 35th St. Detroit, MI 48210 313-788-1122	Jani 20	1 <b>11</b> 25	1 New Years Day	2	3	4 * *
5	<b>6</b> Cheerios Bowl or: Fruit Loops Cereal Giant Vanilla Goldfish Cinnamon Applesauce Cup 10% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	<b>7</b> WG Pancake Turkey Sausage 100% Orange- Tangerine Juice 1% White Milk or 1% Chocolate Milk	8 WG Frosted Fudge Poptart or: WG Bagel w/Cream cheese Diced Pears 10% Orange Tangerine Juice 1% White Milk or 1% Chocolate Milk	9 WG Maple Pancake &Turkey on Stick Fresh Banana 100%Apple Juice 1% White Milk or 1% Chocolate Milk	<b>10</b> WG Goody Ring or: Honey Wheat Bagel with Cream Cheese Mandarin Orange 100% Apple Juice 1% White Milk or %1 Chocolate	<b>11</b> In accordance with federal civil rights law and the USDA this institution is prohibited from
	<b>13</b> Cocoa Puffs Cereal or Golden Grahams Giant Vanilla Goldfish Fresh Gala Apple 10% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	<b>14</b> WG Emoji Waffle Cinnamon Applesauce Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk	15 WG Bagel w/Cream cheese or: WG Frosted Fudge Poptart Diced Pears 100% Grape Juice Box 1% White Milk or 1% Chocolate Milk	<b>16</b> French Toast Sticks W/Syrup Fresh Banana 10% Apple Juice 1% White Milk or 1% Chocolate Milk	<b>17</b> WG Goody Bun or: WG Bagel w/Cream Cheese Mandarin Orange 100% Apple Juice 1% White Milk or 1% Chocolate Milk	discriminating on the <b>18</b> basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity
19	20 No School- MLK Day	21 WG Maple Pancake & Turkey on Stick Fresh Gala Apple 100% Orange- Tangerine Juice 1% White Milk or 1% Chocolate Milk	22 WG Frosted Fudge Poptart WG Bagel w/Cream cheese Fruit mix 100% Grape Juice Box 1% White Milk or 1% Chocolate Milk	<b>23</b> Jumbo Waffle Turkey sausage Fresh Banana 100%Apple Juice 1% White Milk or 1% Chocolate Milk	24 WG Frosted Cinnamon Poptart or: Honey Wheat Bagel with Cream Cheese Diced Peaches 100%Apple Juice 1% White Milk or 1% Chocolate Milk	25
26 *	27 Cinnamon Toast Crunch Cereal or: Raisin Bran Bow Giant Vanilla Goldfish Fresh Gala Apple 100% Orange Tangerine Juice 1% White Milk or 1% Chocolate Milk	<b>28</b> WG Pancake Turkey Sausage Mixed Berry Applesauce Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk	29 WG Bagel w/Cream cheese or: WG Frosted Cinnamon Poptart Pineapple Tidbits 100% Apple Juice 1%White Milk or 1% Chocolate Milk	<b>30</b> WG Emoji Waffle Fresh Banana 100% Apple Juices 1% White Milk or 1% Chocolate Milk	<b>31</b> No School Staff-in-Service	

SUN MON TUE THU WED FRI SAT 2 4 anyary ACADEMY **New Years** Hope of Detroit 025 Dav MS/HS 4444 35th St. Detroit, MI 48210 313-788-1122 5 6 8 10 Texas Chili w/ Dinner Roll **Cheeseburger Meatloaf Chicken & Bean Burrito** or: WG Pizza Slice Asian Chicken w/ Brown Rice with WW Tortilla on WW Bun or: Salad with Chicken & or: Chicken Nuggets w/ Dinner WG Pizza Slice or: Chicken Strip Wrap or: Breaded Chicken Rol Cheese w/Ranch Baby Carrots w/Ranch Patty on WW Bun or: WG Pizza Slice or: Salad with Chickpeas. In accordance with or: WG Pizza Slice Mandarin Orange or: Salad with Turkey & or: WG Pizza Slice **Cheese and Tomatoes** or: Salad with Turkey. 1% White or 1% Cheese or: Salad with Turkey federal civil rights law or: Turkey Ham and Swiss **Turkey Ham & Cheese** or: Salad with Chickpeas, **Chocolate Milk** Ham & Cheese Sub and the USDA this or: Salad with Chickpeas, Cheese and Tomatoes or: Salad with or: Turkey Dog with WW Cheese and Tomatoes or: Italian Sub (Turkev Ham. institution is Chickpeas, Cheese and Bun Turkey Salami Provolone) or: Philly Steak & Cheese **Potato Wedges** Tomatoes prohibited from Sub discriminating on the **18** 12 13 14 16 17 15 basis of race, color, Chicken Alfredo w/WG **Breaded Chicken** Beef & Cheese Nachos w/ Turkey Kielbasa on WW Bun national origin, sex, Dinner Roll WG Pizza Slice Drumstick w/Dinner WG Corn Chips or: Beef Hot Dog on WW Bun or: WG Pizza Slice or: Chicken Nuggets w/ 100% Mango Splash or: Classic Cheeseburger or: Breaded Chicken gender identity, Dinner Roll luice Box on WW Bun Patty on WW Bun or: Salad with Turkey Ham & or: WG Pizza Slice sexual orientation. or: WG Pizza Slice Cheese or: Salad with Chickpeas, Fruit Mix or: WG Pizza Slice or: Salad with Turkey & or: Salad with Turkey. 1% White or 1% or: Salad with Turkey. disability, age or for Cheese **Cheese and Tomatoes Turkey Ham & Cheese** or: Salad with Chickpeas. **Turkey Ham & Cheese** Chocolate Milk prior civil rights or: Turkey & American Cheese **Cheese and Tomatoes** or: Salad with Chickpeas, or: Salad with Chickpeas, Sub or: Italian Sub (Turkey Ham, **Cheese and Tomatoes Cheese and Tomatoes** activity Turkey Salami Provolone) 20 19 21 22 23 24 25 WG Frosted Fudge WG Maple Pancake & BF Soft Taco on WW Tortilla w/ Poptart WG Pizza Slice WG Rice **Turkey on Stick** or: Chicken Nuggets w/ Dinner Roll WG Bagel w/Cream Romaine w/ Dressing No School-Fresh Gala Apple **Diced Pears** cheese or: WG Pizza Slice 100% Orange-1% White or 1% Fruit mix **MLK Day** or: Salad with Turkey & Cheese Tangerine Juice 100% Grape Juice Box or: Salad with Chickpeas, Chocolate Milk 1% White Milk or 1% Cheese and Tomatoes 1% White Milk or 1% or: Italian Sub (Turkey Ham, **Chocolate Milk** Chocolate Milk Turkey Salami Provolone) 27 31 29 30 26 28 **Crispy Chicken Sandwich BBQ** Chicken on WG Bun Italian Meatball Sub on Baked Mostaccioli w/ Dinner on WG Bun or: Beef Hot Dog on WW WG Bun Roll or: Chicken Nuggets w/ Dinner Bun or: Classic Cheeseburger or: WG Pizza Slice No School or: WG Pizza Slice on WW Bun or: Salad with Turkey or: WG Pizza Slice or: Salad with Turkey & or: WG Pizza Slice Ham & Cheese or: Salad with Chicken & Cheese Staff-in-Service Cheese or: Salad with Turkey or: Salad with Chickpeas, or: Salad with Chickpeas. or: Salad with Chickpeas, Cheese and Tomatoes Ham & Cheese **Cheese and Tomatoes Cheese and Tomatoes** or: Turkey Ham and Swiss Sub or: Salad with Chickpeas.

Romaine w/ Dressing

Or Turkey & American

Cheese Sub

**Cheese and Tomatoes** 

or: Italian Sub (Turkey Ham,

Turkey Salami Provolone)

SUN	MON	TUE	WED	THU	FRI	SAT
	Cocoa Puffs Cereal <b>2</b> or Strawberry Cheerio Bar Giant Vanilla Goldfish Cinnamon Apple Sauce Cup 100% Grape Juice Box 1% White Milk or 1% Chocolate Milk	<b>3</b> French Toast Sticks w/Syrup Diced Peaches 100% Apple Juice 1% White Milk or 1% Chocolate Milk	<b>4</b> WG Frosted Fudge Poptart Diced Peaches 100% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	5 WG Emoji Waffle Mandarin Orange 100% Apple Juice 1% White Milk or 1% Chocolate Milk	WG Frosted Cinnamon Poptart or: Honey Wheat Bagel with Cream Cheese Pineapple Tidbits 100% Grape Juice Box 1% White Milk or 1% Chocolate Milk	MOA
8	<b>9</b> Fruit Loops Cereal Giant Vanilla Goldfish Fresh Gala Apple 100% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	<b>10</b> WG Maple Pancake & Turkey on Stick Fruit Mix 100% Orange-Tangerine Juice 1% White Milk or 1% Chocolate Milk	<b>11</b> WG Frosted Fudge Poptart or: WG Bagel w/Cream cheese Diced Peaches 100% Orange Tangerine Juice 1% White Milk or 1% Chocolate Milk	<b>12</b> Jumbo Waffle Turkey Sausage Cinnamon Apple Juice 100% Apple Juice 1% White Milk or 1% Chocolate Milk	with Cream Cheese 100% Apple Juice 1% White Milk or 1% Chocolate Milk	with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race,
15	<b>16</b> Cocoa Puffs Cereal or Golden Grahams Giant Vanilla Goldfish Fresh Gala Apple 100% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	<b>17</b> French Toast Sticks w/ Syrup Mandarin Orange 100% Apple Juice 1% White Milk or 1% Chocolate Milk	<b>18</b> WG Bagel w/Cream Cheese or WG Frosted Fudge Poptart Diced Pears 100% Grape Juice Box 1% White Milk or 1% Chocolate Milk	<b>19</b> WG Pancake Turkey Sausage Mixed Fruit Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk	20 WG Goody Ring or: WG Bagel w/Cream Cheese 100% Apple Juice 1% White Milk or 1% Chocolate Milk	color, national 21 origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity
22	23 No Scho	24 Christmas Eve	Christinus	26 HAPPY WÀNŻÀÀ	HANUKKAH	151 28 5 6 6 6
29 <sup>°</sup>	<b>NO SCIO</b> 30	<b>) OI 12/2</b> 31	3-01/03		ay Breal	HOPF
ty.	•	New Year's Eve	to schoo	Pe 1 1/06	cember 2024	of <b>DETROIT</b> A C A D E M Y Hope of Detroit MS/HS 4444 35th St. Detroit, MI 48210
						313-788-1122

#### MON THU TUE WED SUN FRI 3 4 6 WG Pizza Slice Classic Cheeseburger on WW Bun Chicken Strips & Waffle Cheesy Taco Penne Cheese Omelette w/Biscuit or: WG Pizza Slice or: Beef Hot Dog on WW Bun or: Chicken Nuggets w/ Dinner or Breaded Chicken Patty on WW Fresh Broccoli & Ranch or: Salad with Turkey Ham & or: WG Pizza Slice Roll Bun Dressing or: Salad with Turkey Ham & or: WG Pizza Slice Cheese or: Pizza Slice Fresh Orange or: Salad with Chickpeas, Cheese Cheese or: Salad with Chicken & Cheese or: Salad with Turkey & Cheese or: Salad with Chickpeas, Cheese or: Salad with Chickpeas, Cheese 1% White or 1% and Tomatoes or: Salad with Chickpeas, Cheese Or Turkey & American Cheese and Tomatoes and Tomatoes and Tomatoes Chocolate Milk or: Philly Steak & Cheese Sub Or Turkey Ham and Swiss Sub Sub or: Italian Sub (Turkey Ham, Tossed Salad with Ranch Turkey Salami Provolone) 12 13 10 In accordance 14 8 Crispy Chicken Sandwich on WG Beef Sloppy Joe on WG Bun Cheeseburger Mac w/Dinner Roll with federal civil Chicken Faiita with Tortilla WG Pizza Slice Bun or: Breaded Chicken Patty on or: Chicken Nuggets w/ Dinner or: Beef Hot Dog on WW Bun rights law and the or: Classic Cheeseburger on WW Fresh Broccoli & Ranch WW Bun Roll or: WG Pizza Slice Bun Dressing USDA this or: WG Pizza Slice or: WG Pizza Slice or: Salad with Chicken & Cheese or: WG Pizza Slice or: Salad with Turkey Ham & or: Salad with Turkey & Cheese or: Salad with Chickpeas, Cheese Fresh Orange institution\_is/ or: Salad with Turkey Ham & Cheese and Tomatoes or: Salad with Chickpeas. Cheese 1% White or 1% Cheese prohibited from or: Salad with Chickpeas, Cheese and Tomatoes Or Turkey Ham and Swiss Sub or: Salad with Chickpeas, Cheese Chocolate Milk and Tomatoes or: Italian Sub (Turkey Ham. Texan Ranchero Pinto Beans discriminating on and Tomatoes Turkey Salami Provolone) the basis of race. color, national **71** 19 15 18 20 16 origin. sex. Asian Chicken w/ Brown Rice Cheeseburger Meatloaf on WW Chicken & Bean Burrito with WW Texas Chili w/ Dinner Roll gender identity, or: Chicken Nuggets w/ Dinner Tortilla or: WG Pizza Slice Bun LUNCH or: Breaded Chicken Patty on or: Chicken Strip Wrap w/Ranch or: Salad with Chicken & Cheese Roll sexual or: WG Pizza Slice or: WG Pizza Slice WW Bun or: Salad with Chickpeas, Cheese orientation. or: Salad with Turkey, Turkey Ham and Tomatoes or: Salad with Turkey & Cheese or: WG Pizza Slice or: Salad with Chickpeas, Cheese disability, age or & Cheese or: Turkey Ham and Swiss Sub or: Salad with Turkey Ham & and Tomatoes or: Salad with Chickpeas, Cheese or: Turkey Dog with WW Bun Cheese for prior civil or: Italian Sub (Turkey Ham. or: Salad with Chickpeas, Cheese and Tomatoes Potato Wedges rights activity Turkey Salami Provolone) or: Philly Steak & Cheese Sub and Tomatoes 25 27 22 23 24 26 HAPPY KWANŻAA Christmas **Christmas Eve** HÁNUKKÁH No School 12/23-01/03 Holiday Break December, New Year's Eve 2024 Hope of Detroit MS/HS Students return to school 1/06 4444 35th St Detroit, MI 48210 313-788-1122

### SUN

HOPE

Hope of Detroit MS/HS

4444 35th St.

Detroit, MI 48210

313-788-1122

ACADEMY

ROIT

# MON

Chocolate Milk

**Chocolate Milk** 

## WED

venber 202

TUE

## Т

### тни

Thanksgiving Break 11/27-11/29

# 1

WG Cinnamon Bun or Honey Wheat Bagel with Cream Cheese Fresh Banana 100% Apple Juice 1% White Milk or 1% Chocolate Milk

FRI

### 16

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual rientation, disability, age or for prior civil rights activity

SAT

2

9

#### 23



						6.6
3	4 Cocoa Puffs Cereal or Golden Grahams Giant Vanilla Goldfish Diced Peaches 100% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	5 No School Staff in Service Election Day!	6 WG Bagel w/ Cream Cheese or: WG Frosted Fudge Poptart Fresh Gala Apple 100% Grape Juice Box 1% White Milk or 1% Chocolate Milk	7 Jumbo Waffle Turkey Sausage Mixed Berry Applesauce Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk	8 WG Goody Ring or: WG Bagel w/Cream Cheese Fresh Banana 100% Apple Juice 1% White Milk or 1% Chocolate	
	11 Blueberry Nutri-grain Bar or: Strawberry Nutri-grain Bar Giant Vanilla Goldfish Pineapple Tidbits 100% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	French Loast Sticks	13 WG Frosted Fudge Poptart or: WG Bagel w/Cream Cheese Fresh Gala Apple 100% Orange Tangerine Juice 1% White Milk or 1% Chocolate Milk	14 Q1 Parent Teacher Conferences	15 No School Staff in Service	In ac civ US discr of ge orien for p
17	28 Cinnamon Toast Crunch Cereal or: Raisin Bran Bowl Giant Vanilla Goldfish Fresh Orange 100% Orange Tangerine Juice %1 White Milk or 1% Chocolate Milk	19 Jumbo Waffle Turkey Sausage Diced Peach Cup 100% Orange-Tangerine Juice 1% White Milk or 1% Chocolate Milk	20 WG Bagel w/ Cream cheese or: WG Frosted Cinnamon Poptart Fresh Gala Apple 100% Apple Juice 1% White Milk or 1% Chocolate Milk	21 French Toast Sticks w/ Syrup Cinnamon Applesauce Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk	22 WG Apple Roll or: Honey Wheat Bagel with Cream Cheese Cinnamon Toast Fresh Banana 100% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	
24	25 Trix Cereal Bowl or: Lucky Charms Giant Vanilla Goldfish Pineapple Tidbits 100% Apple Juice 1% White Milk or 1%	26 WG Pancake Turkey Sausage Mixed Fruit Cup 100% Orange-Tangerine Juice 1% White Milk or 1%	27	28 Thanksgiving Day! No School	29	A A

### SUN

HOPE @@@@@ DETROIT

Hope of Detroit MS/HS

4444 35th St.

Detroit, MI 48210 313-788-1122

ACADEMY

# MON

Cheese

or: Salad with Chickpeas, Cheese

and Tomatoes or: Philly Steak & Cheese Sub

or: Turkey Dog with WW Bun

TUE

## WED

THU

en, 2024

Thanksgiving Break 11/27-11/29

# SAT

WG Pizza Slice Baby Carrots w/Ranch Diced Pears %1 White or 1% **Chocolate Milk** 

FRI



23

16

civil rights law and the USDA this institution is prohibited from discriminating on the basis of race. color. national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity



SUN	MON	TUE	WED	THU	FRI	SAT
Oct 2(	ober )24	T WG Maple Pancake & Turkey on Stick Cinnamon Applesauce Cup 100% Orange-Tangerine Juice 1% White Milk or 1% Chocolate Milk	2 WG Frosted Fudge Poptart WG Bagel w/Creams Cheese Fruit mix 100% Orange-Tangerine Juice 1% White Milk or 1% Chocolate Milk	ل Jumbo Waffle Turkey Sausage Cinnamon Applesauce cup 100% Apple juice 1% White Milk or 1% Chocolate Milk	4 WG Cinnamon Bun Honey Wheat Bagel with Cream Cheese Diced Peaches 100% Apple juice 1% White Milk or 1% Chocolate Milk	5 Breakfast
6	7 Cinnamon Toast Crunch Cereal Raisin Bran Bowl Giant Vanilla Goldfish Fresh Gala Apple 100% Orange-Tangerine Juice 1% White Milk or 1% Chocolate Milk	8 French Toast Sticks w/ Syrup Madarin Orange 100% Apple juice 1% White Milk or 1% Chocolate Milk	9 NO SCHOOL STAFF-IN-SERVICE	10 WG Pancake Turkey Sausage Mixed Fruit Cup 100% Apple juice 1% White Milk or 1% Chocolate Milk	11 WG Apple Roll Honey Wheat Bagel with Cream Cheese Diced Pears 100% Fruit Punch 10% Fruit Punch 1% White Milk or 1% Chocolate Milk	12
	<b>14</b> Trix Cereal Bowl Lucky Charms Giant Vanilla Goldfish Madarin Orange 100% Apple juice 1% White Milk or 1% Chocolate Milk	15 Jumbo Waffle Turkey Sausage Madarin Orange 100% Orange-Tangerine Juice Juice 1% White Milk or 1% Chocolate Milk	<b>16</b> Strawberry PopTart WG Bagel w/Cream Cheese Fresh Orange 100% Grape Juice Box 1% White Milk or 1% Chocolate Milk	17 French Toast Sticks w/ Syrup Cinnamon Applesauce cup 100% Apple juice 1% White Milk or 1% Chocolate Milk	<b>18</b> WG Goody Bun Honey Wheat Bagel with Cream Cheese Fruit mix 100% Orange-Tangerine Juice Juice 1% White Milk or 1% Chocolate Milk	19
20	21 Trix Cereal Bar Strawberry Cheerio Bar Giant Vanilla Goldfish Fresh Gala Apple 100% Grape juice box 1% White Milk or 1% Chocolate Milk	22 WG Pancake Turkey Sausage Diced Pears 100% Orange-Tangerine Juice 1% White Milk or 1% Chocolate Milk	23 WG Bagel w/Creams Cheese WG Frosted Fudge Poptart Diced Peaches 100% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	24 WG Maple Pancake & Turkey on Stick Mixed Berry Applesauce Cup 100% Apple Juice 1% White Milk or 1% Chocolate Milk	25 WG Frosted Cinnamon Poptart Honey Wheat Bagel with Cream Cheese Pineapple Tidbits 100% Grape Juice Box 1% White Milk or 1% Chocolate Milk	26 In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity
27	<b>28</b> Cherrios Bowl Froot Loops Cereal Giant Vanilla Goldfish Fresh Gala Apple 100% Fruit Punch Juice 1% White Milk or 1% Chocolate Milk	29 French Toast Sticks w/ Syrup Diced Peaches 100% Apple juice 1% White Milk or 1% Chocolate Milk	<b>30</b> WG Frosted Fudge Poptart WG Bagel w/Creams Cheese Diced Pear 100% Orange-Tangerine Juice 1% White Milk or 1% Chocolate Milk	31 WG Emoji Waffle Mandarin Orange 100% Orange-Tangerine Juice 1% White Milk or 1% Chocolate Milk		HOPE OF DETROIT A C A D E M Y Hope of Detroit MS/HS 4444 35th St. Detroit, MI 48210 313-788-1122

SUN	MON	TUE	WED	THU	FRI	SAT
Octo 20	ober 24	Italian Meatball Sub on WG Bun or: WC Pizza Slice or: Classic Cheeseburger on WW Bun or: Salad with Chicken & Cheese or: Salad with Chickpeas, Cheese and Tomatoes	2 Walking Taco w/WG Corn chips or Chicken Nuggets w/ Dinner Roll or WG Pizza Slice or Salad with Chicken & Cheese I or Salad with Chickenas, Cheese and TomatoesI or Turkey Ham and Swiss Sub	3 BBQ Chicken on WG Bun or: Beef Hot Dog on WW Bun or: WG Pizza or: Salad with Turkey Ham & Cheese or: Salad with Chickpeas, Cheese and Tomatoes or: Italian Sub (Turkey Ham, Turkey Salami, Provolone)	4 WC Pizza Slice Romaine w/Dressing Fresh Orange 1% White or 1% Chocolate Milk	5
6	7 Breaded Chicken Parm Sandwich on WG Bun or: WG Pizza Slice or: Classic Cheeseburger on WW Bun or: Salad with Chicken & Cheese or: Salad with Chickpeas, Cheese and Tomatoes	8 Popcorn Chicken w/Dinner Roll or: WG Pizza Slice or: Salad with Turkey, Turkey Ham and Cheese or: Salad with Chickpeas, Cheese and Tomatoes or: Philly Steak & Cheese Sub or: Turkey Dog with WW Bun	9 NO SCHOOL STAFF-IN-SERVICE	10 Teriyaki Beef Dippers w/ Brown Rice or Chicken Nuggets w/ Dinner Roll or WG Pizza Slice or Salad with Chicken & Cheese or Salad with Chickenas, Cheese and Tomatoes or: Italian Sub (Turkey Ham, Turkey Salami, Provolone)	WG Pizza Slice 100% Mango Splash Juice Box Fruit Mix 1% White or 1% Chocolate Milk	12
13	<b>14.</b> Crispy Chicken Sandwich w/Bacon on WG Bun or WC Pizza Slice or Salad with Chicken & Cheese or Salad with Chickpeas, Cheese and Tomatoes or: Turkey & American Cheese Sub	15 Chicken Strip & Waffle or: WG Pizza Slice or: Classic Cheeseburger on WW Bun or: Salad with Chicken & Cheese or: Salad with Chickpeas, Cheese and Tomatoes	16 Cheesy Taco Penne or Chicken Nuggets w/ Dinner Roll or WG Pizza Slice or Salad with Chicken & Cheese or Salad with Chickpeas, Cheese and Tomatoes or: Turkey Ham and Swiss Sub	127 Cheese Omelette W/Biscuit or: Breaded Chicken Patty on WW Bun or WG Pizza Slice or: Salad with Turkey Ham & Cheese and Tomatoes or: Italian Sub (Turkey Ham, Turkey Salami, Provolone)	<b>18</b> WC Pizza Slice Fresh Broccoli & Ranch Dressing Diced Pears 1% White or 1% Chocolate Milk	19
20	21 Crispy Chicken Sandwich on WG Bun or WG Pizza Slice or Salad with Chicken & Cheese or Salad with Chickpeas, Cheese and Tomatoes	222 Sloppy Joe Sliders or: Breaded Chicken Patty on WW Bun or: WG Pizza Slice or: Salad with Turkey Ham & Cheese or: Salad with Chickpeas, Cheese and Tomatoes	233 Chicken Fajita with Tortilla to: Beef Hot Dog on WW Bun Or: WC Pizza Or: Salad with Turkey Ham & Cheese or: Salad with Chickpeas, Cheese and Tomates Or Turkey Ham and Swiss Sub Texas Ranchero Pinto Beans	244 Cheeseburger Mac w/Dinner Roll or Chicken Nuggets w/ Dinner Roll or WC Pizza Slice or Salad with Chicken & Cheese or Salad with Chicken & Cheese and Tomatoes or: Italian Sub (Turkey Ham, Turkey Salami, Provolone)	25 WG Pizza Slice Fresh Broccoli & Ranch Dressing Fruit Mix 1% White or 1% Chocolate Milk	26 In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity
27	288 Cheeseburger meatloaf on WW Bun or: Breaded Chicken Patty on WW Bun or: WC Pizza Slice or: Salad with Turkey Ham & Cheese or: Salad with Chickpeas, Cheese and Tomatoes	29 Chicken & Bean Burrito on WW Tortilla or: Chicken Strip Wrap w/Ranch or: WG Pizza Slice or: Salad with Turkey, Turkey Ham and Cheese or: Salad with Chickpeas, Cheese and Tomatoes or: Philly Steak & Cheese Sub	300 Texas Chili w/Dinner Roll or WG Pizza Slice or Salad with Chickpeas, Cheese and Tomaces or: Turkey Ham and Swiss Sub or: Turkey Dag with WW Bun Potato Wedges	31 Asian Chicken w/Brown Rice or Chicken Nuggets w/ Dinner Roll or WG Pizza Slice or Salad with Chicken & Cheese or Salad with Chickpeas, Cheese and Tomatoes or: Italian Sub (Turkey Ham, Turkey Salami, Provolone)		HOPE DETROIT A C A D E M Y Hope of Detroit MS/HS 4444 35th St. Detroit, MI 48210 313-788-1122

Monday         Tuesday         Wednesday         Thursday         Friday           Monday         Tuesday         Wednesday         Thursday         Friday           Monday         Coca Puff Cereal Bar (3)         Frosted Flake(2/4)         Trk Cereal Bar (3)         WG Scody Ring(3)           Or Stawbery Chercio Bar (3)         Stawbery Chercio Bar (3)         Or Chercios Bow(2)         Trk Cereal Bar (3)         Or Apple Cimaron Oxidefility(1)           Or Stawbery Chercio Bar (3)         Stawbery Chercio Bar (3)         Or Chercios Bow(2)         Or Apple Cimaron Nutri-grain Bar (3)         Or Apple Cimaron Oxidefility(2)         Or Apple Cimaron Oxidefility(2)         Or Apple Cimaron Oxidefility(2)         Or Apple Cimaron Oxidefility(2)         Or Apple Cimaron Oxide (2)         Or Apple Cimaron O	September, 2024	J	lope of Detr	oit MS & HS	8 Breakfast	September, 2024
Coca Puff Creal Bar (30)       Frosted Flakes(24)       Trix Creal Bar (30)       WG Goody Ring(31)         or: April Cinnamon Caddish(15)       or: Cheerics Bow(21)       or: Appil Cinnamon Caddish(15)       or: MG Bagel WCream cheese(30)       or: Appil Cinnamon Caddish(15)       or: WG Bagel WCream cheese(30)       or: WG Bueberry Muffin(30)       or: WG Bueberry Muffin(30) <td>🖉 📢 🦉</td> <td>244</td> <td>P 🖌 📩</td> <td>) 🖩 💕</td> <td>De De</td> <td>🚳 📥 👻 🖉 🖉</td>	🖉 📢 🦉	244	P 🖌 📩	) 🖩 💕	De De	🚳 📥 👻 🖉 🖉
or: Strawberry Cheerio Bar (30) Chet Snack Graham orackers(21) or. Giant Cinnamon Goldfish(19) Mixed Fuil (up (11) 10% Orange-Tangerine Julice(15) 3       or: Cheerios Bowl(21) or. WG Aninal Crackers(22) provide Chanamon Goldfish(19) or. WG Aninal Crackers(22) provide Chanamon Toast Crunch Cercal (22)       or: Cheerios Bowl(21) twill will or 11% Chocolate Mik(11)       or: WG Bagel w/Cream cheese(30) WG Aninal Crackers(22) or. Giant Cinnamon Goldfish(19) or: WG Aninal Crackers(22) or. Giant Cinnamon Toast Crunch Cercal (22)       or: Cheerios Bowl(21) or: WG Bagel w/Cream cheese(30) WG Aninal Crackers(22) or: WG Frest Apple(22) to "WG Banama Muffin(31)       or: WG Bagel w/Cream cheese(30) twill will will will will will will will	Monday	Tuesday	Wednesday	Thursday	Friday	The second
Chat Shack Graham crackers(2) or: Giant Cinnamon Goldfish(19) Mixed Fruil Cup (11) 10% Orange-Tangerina Juice(15) 1% White Mik or 1% Chocolate Mak/11) 3 488:3352 Cinnamon Toast Crunch Cereal bar (30) or: Chat Shack Graham crackers(2) 0% Orange-Tangerina Juice(15) 1% White Mik or 1% Chocolate Mak/11) 3 488:3352 Cinnamon Toast Crunch Cereal bar (30) or: Chat Shack Graham crackers(2) 0% Orange-Tangerina Juice(15) 1% White Mik or 1% Chocolate Mak/11) 0% Grange-Tangerina Juice(15) 1% White Mik or 1% Chocolate Mik/11) 0% Grange-Tangerine Juice(15) 1% White Mik or 1% Chocolate Mik/11) 9 572:371:111 10 544:395:104 11 498:445:85 12 590:355:108 13 622:377:128 Froot Loops Cereal(24)	-10	Cocoa Puff Cereal Bar (30)	Frosted Flakes(24)	Trix Cereal Bar(29)	WG Goody Ring(31)	ELCOME
Cinnamon Toast Crunch Cereal bar (30)       Cinnamon Toast Crunch Cereal(22)       Cinnamon Toast Crunch Cereal(22)       WG Bagel w/Cream cheese(30)       WG Banana Muffin(31)       Cheerlos Bowl(21)         or: Strawberry Nutri-grain Bar (30) WG Animal Crackers(22) or: Chat Snack Graham crackers(21) Diced Pears(33)       or: WG Frosted Cinnamon Poptart (36) Fresh Apple(29)       or: WG Frosted Cinnamon Poptart (36) Fresh Apple(29)       or: WG Blueberry Muffin(30)       or: WG Blueberry Muffin(30)       or: WG Banana Muffin(31)       or: WG Banana Muffin(30)       or: WG Banana Muffin(30) <td></td> <td>Chat Snack Graham crackers(21) or: Giant Cinnamon Goldfish(19) Mixed Fruit Cup (11) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate</td> <td>Giant Cinnamon Goldfish(19) or: WG Animal Crackers(22) Fresh Apple(29) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate</td> <td>WG Animal Crackers(22) or: Giant Cinnamon Goldfish(19) Craisins(27) 100% Apple Juice(30) 1% White Milk or 1% Chocolate</td> <td>Fresh Banana(62) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate</td> <td></td>		Chat Snack Graham crackers(21) or: Giant Cinnamon Goldfish(19) Mixed Fruit Cup (11) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate	Giant Cinnamon Goldfish(19) or: WG Animal Crackers(22) Fresh Apple(29) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate	WG Animal Crackers(22) or: Giant Cinnamon Goldfish(19) Craisins(27) 100% Apple Juice(30) 1% White Milk or 1% Chocolate	Fresh Banana(62) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate	
bar (30)       Cereal(22)         or: Strawberry Nutri-grain Bar (30)       or: Honey Cherriso Bowl (22)         or: Strawberry Nutri-grain Bar (30)       or: Honey Cherriso Bowl (22)         or: Chat Snack Graham crackers(22)       or: WG Animal Crackers(22)         or: WG Animal Crackers(22)       or: WG Animal Crackers(22)         or: Grant Vanilla Goldfish (19)       or: WG Animal Crackers(22)         100% Orange-Tangerine Juice(15)       10% Orange-Tangerine Juice(30)         10% White Milk or 1% Chocolate       Milk(11)         9       572:371:111         10       544:395:104         11       498:445:85         12       590:355:108         13       622:377:128		3 488:335:88	4 488:425:98	<b>5</b> 610:350:119	6 642:427:119	
WG Animal Crackers(22)       Giant Vanilla Goldfish (19)       Fresh Apple(29)         or: Chat Snack Graham crackers(21)       Diced Pears(33)       Or: WG Animal Crackers(22)       Fresh Apple(29)         100% Orange-Tangerine Juice(15)       100% Apple Juice(30)       100% Orange-Tangerine Juice(15)       Strawberry Cheerio Bar (30)       Giant Cinnamon Goldfish(19)       or: WG Animal Crackers(22)         1% White Milk or 1% Chocolate       Milk(11)       Milk(11)       Milk(11)       Strawberry Cheerio Bar (30)       Giant Strawberry Cheerio Bar (30)       Froot Loops Cereal(24)			WG Bagel w/Cream cheese(30)	WG Banana Muffin(31)	Cheerlos Bowl(21)	Backto
9         572:371:111         10         544:395:104         11         498:445:85         12         590:355:108         13         622:377:128           Apple Jacks(24)         WG Blueberry Muffin(30)         WG Goody Ring(31)         Strawberry Cheerio Bar (30)         Froot Loops Cereal(24)	WG Animal Crackers(22) or: Chat Snack Graham crackers(21) Diced Pears(33) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate	Giant Vanilla Goldfish (19) or: WG Animal Crackers(22) Fresh Orange(22) 100% Apple Juice(30) 1% White Milk or 1% Chocolate	Fresh Apple(29) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate	WG Animal Crackers(22) or: Giant Vanilla Goldfish (19) Cinnamon Applesauce Cup(14) 100% Apple Juice(30) 1% White Milk or 1% Chocolate	Giant Cinnamon Goldfish(19) or: WG Animal Crackers(22) Fresh Banana(62) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate	SCHOOL Threads for Threads
	9 572:371:111	10 544:395:104	11 498:445:85	12 590:355:108	13 622:377:128	Thought for Thought
or: Cippamon Chex Cereal (23) or: Double Chocolate Chin Muffin(27) or: MCR Rand w/Croam chocra/20) or: Cereal Part Cereal Part (27)	Apple Jacks(24)	WG Blueberry Muffin(30)	WG Goody Ring(31)	Strawberry Cheerio Bar (30)	Froot Loops Cereal(24)	
WG Animal Crackers(22)       Giant Vanilla Goldfish (19)       Fresh Apple(29)       Chat Snack Graham crackers(21)       WG Animal Crackers(22)       WG Animal Crackers(22)         0r: Chat Snack Graham crackers(21)       Mandarin Orange(43)       Diced Pear Cup (14)       100% Orange-Tangerine Juice(15)       Or: Giant Vanilla Goldfish (19)       Fresh Apple(29)       Or: Giant Vanilla Goldfish (19)       Or: Giant Van	WG Animal Crackers(22) or: Chat Snack Graham crackers(21) Mandarin Orange(43) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	or: WG Animal Crackers(22) Diced Pear Cup (14) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk/11)	100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk(11)	or: Giant Vanilla Goldfish (19) Craisins(27) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk(11)	or: Giant Cinnamon Goldfish(19) Fresh Banana(62) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate Milk/11)	Labor Day, the first Monday in September, constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our
			and the second sec	00010201110		country. The first unofficial Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York
bar (30) City. On June 28th, 1894 the first Monday in Sept	oolden oranans(24)	Gileenus Dowi(21)	wo bagel w/cream cheese(50)	WG Banana Mumin(31)		City. On June 28th, 1894 the first Monday in September
Will Animal Crackers(2)       0f: Apple Jacks(24)       0f: WG Prosted Fldge Poptar (36)       0f: WG Prosted Fldge	WG Animal Crackers(22) or: Chat Snack Graham crackers(21) Diced Peaches(28) 100% Apple Juice(30) 1% White Milk or 1% Chocolate	Giant Vanille Goldfish (19) or: WG Animal Crackers(22) Pineapple Tibits Cup (15) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate	Fresh Apple(29) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocolate	Giant Vanilla Goldfish (19) or: WG Animal Crackers(22) Fruit mix(37) 100% Apple Juice(30) 1% White Milk or 1% Chocolate	Chat Snack Graham crackers(21) or: WG Animal Crackers(22) Fresh Banana(62) 100% Orange-Tangerine Juice(15) 1% White Milk or 1% Chocotate	was declared Labor Day by President Grover Cleveland. Labor Day is not only celebrated in the United States, but also Canada and other industrialized nations. This day for some is a day to relax and enjoy the end of summer & the beginning of another GREAT YEAR OF LEARNING!!!
23 570;485:115 24 456.376.81 25 498-445-85 26 707.355-128 27 682-352-139 prohibited from discriminating on the basis of race, color, national or	23 570:485:115	24 456.376.81	25 498:445:85	26 707:355:128	<b>27</b> 682:352:139	In accordance with federal civil rights law and the USDA this institutuin is prohibited from discriminating on the basis of race, color, national origin, sex, nander identity, executed anisotric discribition and anisotria civil rights activity.
Cinnamon Chex Cereal(23)	Cinnamon Chex Cereal(23)					gender identity, sexual orientation, disability, age or for prior civil rights activity
or: Froot Loops Cereal(24) WG Animal Crackers(22) or: Giant Vanilta Goldfish (19) Fresh Orange(22) 100% Apple Juice(30) 1% White Milk or 1% Chocolate Milk Milk(11)	WG Animał Crackers(22) or: Giant Vanilta Goldfish (19) Fresh Orange(22) 100% Apple Juice(30) 1% White Milk or 1% Chocolate		0		-	"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & 1%Chocolate Milk available daily
30 544:415:108 **Menu Subject to Change**	30 544:415:108					roodservices

September, 2024	C. Sans	Hope of De	etroit MS &	HS Lunch	September, 2024
NV V	244	PL	6 🖩 🎸		
Monday	Tuesday	Wednesday	Thursday	Friday	
		Mini Cheese Calzones	BBQ Beef Meatballs w/Bun	WG Pizza Slice	WELLOME
		or: Beef Pepperoni Calzone or: WG Pizza Slice Baked Green Beans Fresh Orange 1% White or 1% Chocolate Milk	or: Beef Hot Dog on WW Bun or: WG Pizza Slice Seasoned Corn Fresh Banana 1% White or 1% Chocolate Milk	Romaine w/ Dressing 100% Orange-Tangerine Juice 1% White or 1% Chocolate Milk	
	3 Half Day - No Lunch	4	5	6	
Breaded Chicken Drumstick w/Dinner roll	Beef & Cheese Nachos w/ WG Corn Chips	Beef Sloppy Joe on WG Bun	Baked Mostaccioli w/ Dinner Rol	WG Pizza Slice	(Dorbco)
or: WG Pizza Slice or: Salad with Turkey Ham & Cheese or: Turkey & American Cheese Sub or: Turkey Dog with WW Bun Baked Beans Diced Peaches 1% White or 1% Chocolat	or: Chicken Nuggets wi Dimmer Roll or: WIS Pizza Siles or: Salad with Turkey, Turkey Ham and Chessel, or Philly Stoak & Chessel Sub Romane wi Dressing From Annie	or: Breaded Chicken Patty on WW Bun or: WG Pizza Slice Sestored Corn Diced Pears 1% White or 1% Chocolate Milk	or: Met Cheese Galzonos or: WG Pizza Sike Italian Blend Vegetable Fresh Bonanis 1% White or 1% Chocolase Max	Baby Carroly w'Ranch Fresh Orange 1% White in 1% Chocolote Milk	SCHOOL
9	10	11	12	13	Thought for Thought
Italian Meatball Sub on WG Bun or: Beef Hot Dog on WW Bun or: WG Pizza Slice or: Salad with Turkey Ham & Checke or: Salad with Chickpeas, Checke and Tomatoes) or: Turkey & American Checke Sub	Tamatoes or: Seef Stoppy Joe oo WG Bian	Chef Salad w/ WW Pita of: Chicken Tenders w Oinner Sall or: WG Pizza Silce or: Salad with Chicken & Cheese I or Salad with Chickenses, Cheese and Tomatesi .or. Turkey Ham and Swiss Sub	Bf Soft Taco on WW Tortilla w/ WG Rice or: WG Pizza Size or: Stated with Turkey & Cheese ) or: Selad with Chickpess, Cheese and Tornational or: Breaded Hot & Spicy Checken Party	WG Pizza Slice Summer Sip Vegetable Juice Princapple Tidbits 1% White or 1% Chocolate Milk	Tips & Information
Raked Green Reans	nr Phillis Stone & Chasses Sink	Dremains at Disession	on WG Bun or Haban Sub (Trittee Ham Torkey	1	yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our
Chicken Fajita with Tortilla	Beef Pepperoni Calzone	Cheesy Taco Penne	19 Popcom Chicken w/ Dinner Roli	20 WG Pizza Slice	country. The first unofficial Labor Day holiday was celebrated on Tuesday, September 5, 1882, in New York
or: Classic Cheeseburger on WW Bun or: WG Pizza Slice or: Salad with Turkey Ham & Chesse or: Salad with Chickpeas, Chesse and Tomatoesi or: Turkey & American Cheese Sub Fiesta Taco Black Bean	or: Mini Buffalo Cheese Calizones or: WG Pizza Sisse n: Solad with Turkey, Turkey Hani and Cheese ) or: Balad with Chickpean, Cheese and Torresised or: Phate Steak & Chaese Size	or: Obickent Nuggets w Dinner Roll or: Wild Pizza Silice or: Solied with Chicken & Choose ( or Salid with Chickpess, Choose and Tomatoles) or: Turkey Nam and Swiss Suh Com Chosen	or: Beef Hot Dog on WW Bun or: WG Pizze Saise or: Safed with Turkey & Cheese ) or: Safed with Chickpean, Cheese and Torritotoes) of: Halling Safety Ham, Turkey Safety Pimpelines)	Baby Carrots w/Ranch 100% Orange-Tangarise Julion 1% White or 1% Choustate Milk	City On June 28th, 1894 the first Monday in September was declared Labor Day by President Grover Cleveland Labor Day is not only celebrated in the United States, but also Canada and other industrialized nations. This day for some is a day to relax and enjoy the end of summer & the beginning of another GREAT YEAR OF LEARNING!!!
23	24	25	26	27	In accordance with federal civil rights law and the USDA this institutuin is prohibited from discriminating on the basis of race, color, national arigin, say
BBQ Beef Rib Patty on WW Bun or: WG Pizza Slice or: Salad with Turkey Ham & Cheese or: Salad with Chickpeas, Cheese and Tomatoes! or: Turkey American Cheese Sub or: Turkey Dog with WW Bun Potato Werdnes 30		0			<ul> <li>gender identity, sexual orientation, disability, age or for prior civil rights activity</li> <li>#*15/2024 4:36:62 PM</li> <li>*or:* = An alternative selection to choose. "WG"=Whole Grain 1% White &amp; 1%Chocolate Milk available delity.</li> </ul>